

eshten.

THE PRACTICAL HOME SERIES / NO. 01

Small Space, Big Style

A weekend reset for a home
that feels more like you.



USE WHAT YOU OWN. BUY WITH INTENTION.

Room planning / Light / Colour / Shopping / Printable worksheets

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Change the feeling.

One room. One weekend. A plan you can actually use.

A small room does not need to copy a showroom. It needs to support the things you do every day. This guide helps you decide what to move, what to keep and what, if anything, is worth buying.

Choose a room and one useful outcome

Keep the first project small: a living-room corner, bedroom or work area. Complete this sentence: **“By Sunday evening, this space will make it easier to ____.”** Choose reading, resting, working or finding everyday belongings, rather than “looking perfect”.

Take a ten-minute room audit

Photograph the room from the doorway. Write down three frustrations: a cable crossing a path, nowhere to put a drink, objects collecting on a chair. Circle the one that affects your day most. This is your first priority.

Make three groups

Keep: useful things and pieces you love. **Move:** objects that belong elsewhere. **Decide later:** uncertain pieces, held in one box for a week. Avoid buying storage until you know what needs storing.

TRY THIS Complete the room brief on page 9 before shopping. Keep your before photo so you can compare function as well as appearance.

Your route through the guide

Plan the layout (3) / Layer light (4) / Build a palette (5) / Shop deliberately (6) / Run the weekend reset (7) / Plan spending (8) / Complete your room brief (9) / Review the result (10).

Make room for real life.

Solve movement and everyday use before adding decoration.

Measure the fixed points

Record the room length and width, doors and their opening direction, windows, outlets and fixed heaters. Measure your furniture too, including handles and the space needed to open drawers. Check deliveries against doorways, stair turns and lifts.

Draw two arrangements

Sketch the room on paper using one consistent scale, such as 1 cm on paper for 20 cm in the room. Cut paper furniture shapes to match. In version A, keep the largest piece where it is. In version B, move it to another suitable wall. Compare both before lifting anything.

Walk the room

Try the route from the door to the seat, window and storage. Can you walk comfortably, open doors and pull out a chair? Test with everyone who uses the room and account for mobility aids. Do not block exits, vents or access to heating controls.

Give furniture more than one job

A side table can support a lamp and a cup. A suitable storage ottoman can hold a throw and provide occasional seating. Check its load rating before sitting. Multi-purpose furniture is useful only when you can access each function without rearranging the room.

TRY THIS Mark a proposed furniture footprint using removable tape tested on a hidden patch, or lay paper on the floor. Live around the outline before ordering.

Example: If a large coffee table blocks the route to the sofa, trial a small side table you already own. Decide whether you miss the surface before replacing it.